

Chapter 6

Course of Study

Section 1. General Infection Control and Professional Standards. All cosmetology, hairstylist, nail technology, and esthetics courses will require one hundred (100) hours of course study in the following subjects:

- (a) Professional development;
- (b) Effective communication;
- (c) Human relations;
- (d) Business management/ownership;
- (e) State law;
- (f) Infection control in a licensed facility;
- (g) Infection control standards and guidelines;
- (h) Infection control for implements and equipment;
- (i) First aid; and
- (j) Blood exposure standards.

Section 2. Course of Study for Cosmetology Students. The cosmetology program of all schools shall include no less than eight (8) months of study and no less than sixteen hundred (1600) hours of instruction.

(a) One thousand five hundred (1500) hours shall consist of the following:

(i) The science of cosmetology, hair, skin and nails, two hundred (200) hours of theory work, and ninety (90) hours of practical work. In this section students will learn:

- (A)** Health, safety and infection control;
- (B)** General anatomy and physiology;

- (C)** Skin diseases, disorders and structure;
- (D)** Properties of the hair and scalp;
- (E)** Nail structure, growth, diseases, and disorder;
- (F)** Product chemistry;
- (G)** Basic nutrition;
- (H)** Basics of chemistry; and
- (I)** Basics of electricity.

(ii) General cosmetology, twenty (20) hours of theory work, and four hundred eighty (480) hours of practical work. In this section the students will learn:

- (A)** Principles of hair design;
- (B)** Scalp care, shampooing, and conditioning;
- (C)** Haircutting;
- (D)** Hairstyling;
- (E)** Braiding and extensions; and
- (F)** Wigs and hair additions.

(iii) Chemical services, seventy five (75) hours of theory work, and one hundred seventy five (175) hours of practical work. In this section students will learn:

- (A)** Chemical texture services; and
- (B)** Hair coloring.

(iv) Skin sciences, fifty (50) hours of theory work, and twenty (20) hours of practical work. In this section the students will learn:

- (A)** Physiology and histology of the skin;
- (B)** Skin analysis; and
- (C)** Skin care products: chemistry, ingredients, and selection.

(v) General esthetics, thirty (30) hours of theory work, and one hundred fifty (150) hours of practical work. In this section students will learn:

- (A)** The treatment room;
- (B)** Basic facial;
- (C)** Facial massage;
- (D)** Hair removal;
- (E)** Advanced topics and treatments; and
- (F)** Makeup.

(vi) General nail technology, fifteen (15) hours of theory work, and seventy five (75) hours of practical work. In this section the students will learn:

- (A)** Pre and post service procedures;
- (B)** Performing basic manicures and pedicures;
- (C)** Hand, arm, foot, and leg message;
- (D)** Wraps, tips, and paraffin wax treatments; and
- (E)** Polishing, UV gel, and design.

(vii) The art of nail technology, twenty (20) hours of theory work, and one hundred (100) hours of practical work. In this section the students will learn:

- (A)** Electric filing;

(B) Nail tips and wraps;

(C) Monomer liquid and polymer powder nail enhancement;

(D) UV gels; and

(E) Creative design.

Section 3. Course of Study for Hairstyling Students. The hairstylist program of all schools shall include no less than six (6) months of study and no less than one thousand (1000) hours of instruction.

(a) Nine hundred (900) hours shall consist of the following:

(i) The science of hairstyling, one hundred ten (110) hours in theory work, and forty (40) hours in practical work, in this section students will learn:

(A) Health, safety, and infection control, specifically for hairstyling;

(B) General anatomy and physiology;

(C) Skin diseases, disorders, and structure;

(D) Properties of the hair and scalp;

(E) Basics of chemistry; and

(F) Basics of electricity.

(ii) General cosmetology, twenty (20) hours of theory work, and four hundred eighty (480) hours of practical work. In this section the students will learn:

(A) Principles of hair design;

(B) Scalp care, shampooing, and conditioning;

(C) Haircutting;

(D) Hairstyling;

(E) Braiding and extensions; and

(F) Wigs and hair additions.

(iii) Chemical services, seventy five (75) hours of theory work, and one hundred seventy five (175) hours of practical work. In this section students will learn:

(A) Chemical texture services; and

(B) Hair coloring.

Section 4. Course of Study for Nail Technician Students. The nail technician program of all schools shall include no less than four hundred (400) hours of instruction.

(a) Three hundred (300) hours shall consist of the following:

(i) The science of nail technology, thirty (30) hours of theory work, and ten (10) hours of practical work. In this section students will learn:

(A) Health, safety, and infection control, specifically for nail technology;

(B) General anatomy and physiology;

(C) Skin structure and growth;

(D) Nail structure and growth;

(E) Nail diseases and disorders;

(F) Basics of chemistry;

(G) Nail product chemistry; and

(H) Electricity.

(ii) General nail technology, ten (10) hours of theory work, and one hundred (100) hours of practical work. In this section students will learn:

- (A) Pre and post service procedures;
- (B) Handling and exposure incidents;
- (C) Performing basic manicures and pedicures;
- (D) Hand, arm, foot and leg massage;
- (E) Wraps, tips, and paraffin wax treatments; and
- (F) Polishing, UV gel, and design.

(iii) The art of nail technology, ten (10) hours of theory work, and one hundred forty (140) hours of practical work. In this section the students will learn:

- (A) Advanced manicuring and pedicuring;
- (B) Electric filing;
- (C) Nail tips and wraps;
- (D) Monomer liquid and polymer powder nail enhancements;
- (E) UV gels; and
- (F) Creative design.

Section 5. Course of Study for Esthetician Students. The esthetics program for all schools shall include no less than six hundred (600) hours of instruction.

(a) Five hundred (500) hours shall consist of the following:

(i) The science of esthetics, seventy (70) hours of theory work, and twenty (20) hours of practical work. In this section the students will learn:

- (A) Health, safety, and infection control, specifically for esthetics;
- (B) General anatomy and physiology;

(C) Basics of chemistry;

(D) Basics of electricity; and

(E) Basics of nutrition.

(ii) Skin sciences, twenty (20) hours of theory work, and one hundred (100) hours of practical work. In this section the students will learn:

(A) Physiology and histology of the skin;

(B) Disorders and diseases of the skin;

(A) Skin analysis; and

(B) Skin care products: chemistry, ingredients, and selection.

(iii) General esthetics, ten (10) hours of theory work, and two hundred eighty (280) hours of practical work. In this section students will learn:

(A) The treatment room;

(B) Basic Facial;

(C) Facial massage;

(D) Hair removal;

(E) Advanced topics, and treatments; and

(F) Makeup.

Section 6. Course Study for Licensed Hairstylist and Nail Technicians to acquire training in the removal of superfluous hair. The hair removal program of all schools shall include no less than one hundred twenty-five (125) hours of instruction.

(a) One hundred twenty (125) hours shall consist of the following:

(ii) General infection control, ten (10) hours of theory work. In this section the students will recap:

- (A) Health, safety, and infection control;
- (B) Infection control in the licensed facility;
- (C) First aid; and
- (D) Blood exposure standards.

(iii) The science of waxing, thirty five (35) hours of theory work, and eight (80) hours of practical work. In this section the students will learn:

- (A) Pre and post services;
- (B) Application of hair removal;
- (C) Types of hair removal;
- (D) Analysis; and
- (E) Anatomy and physiology.

Section 7. Course of Study for Student Instructors. The instructor program for all schools shall include no less than five hundred (500) hours of instruction. No more than one hundred (100) hours may be acquired through distance learning. Distance learning programs shall be approved by the Board prior to implementation and adequate records must be kept by the school and provided to the Board.

(b) Five hundred (500) hours shall consist of the following:

(i) General professional standards, one hundred fifty (150) hours of theory work. In this section the students will learn:

- (A) Health, safety, and infection control;
- (B) Introduction to teaching;
- (C) Ethics of personality development;

(D) Laws and rules governing cosmetology;

(E) Student supervision; and

(F) Record keeping.

(ii) The science of teaching, one hundred fifty (150) hours of theory work, and two hundred (200) hours of practical work. In this section the students will learn:

(A) Lesson plans;

(B) Use of audio and visual teaching aids and tools;

(C) Test construction and analysis;

(D) Theory class lectures;

(E) Performance, class demonstrations; and

(F) Student supervision (no more than 100 hours).

Section 8. Hours outside of school premises. If any hours are accomplished outside the school premises, they must be acquired under the supervision or guidance of an instructor and be relevant to the course of study. Supporting documentation must be made available if requested by the Board.

Section 9. Client protection. Proper infection control standards should be taught and utilized throughout all educational courses in accordance with Wyoming law and the manufacturer's directions.

Section 10. Credits Allowed When Transferring from One Course to Another. A student registered for a hairstyling, nail technician, or esthetician course, or a licensed hairstylist, nail technician, or esthetician may transfer to or enroll in a full cosmetologist course with full credit of the applicable hours. A student enrolled as a cosmetology student may transfer only course specific hours to hairstyling, nail technology, or esthetics courses and the transfer hours shall be approved by the Board.